

**ROBIN**

RECIPIENT OF: LIGAMENT ALLOGRAFT



## MARATHON ENTHUSIAST RUNS AGAIN AFTER LIGAMENT TRANSPLANT

As an avid runner and a kindergarten teacher, Robin's health is crucial to both her personal and professional life.

Robin tore her right ACL playing soccer in college. She worked hard to overcome the injury, but she was unable to participate in activities involving lateral movement.

Since she could no longer play sports, she decided to pick up running. Robin challenged herself to run five miles without stopping, a goal she quickly accomplished. With that goal behind her, she continued to push herself to run faster and longer.



Robin joined a local running group to socialize with others who shared her passion. As luck would have it, her future husband was in the group and the two hit it off.

Though she swore to friends and family that she would never do a marathon, Robin tried one and has since completed 40 marathons and 10 ultra-marathons, which are races longer than 26.2 miles.

On a snowy day in January 2013, Robin was shoveling her driveway when she planted her foot at an awkward angle and her knee slid out of its joint. Though she was able to walk without pain, the injury prevented her from running.

*"Not being able to run was so frustrating," Robin said. "My husband is a runner and we travel a lot to run marathons. It was very hard for me to have that taken away."*

Robin's doctor recommended ACL reconstruction surgery and he familiarized her with the use of a donated ligament in the procedure.

Robin had surgery in April 2013 and seven months later, she ran a half-marathon. She believes she is a better runner after her procedure. She credits the donor ligament and her physical therapy with increasing her strength and stamina.

*"I am so grateful for my donated ligament," she said. "A family lost an important person, and they made such a kind decision to donate. I want them to know that I am so thankful for what I received."*

