ALLOWRAP® SURGICAL BARRIER REMAINS IN THE BODY THROUGH THE CELL PROLIFERATION PHASE OF THE HEALING PROCESS WHILE OTHER SURGICAL BARRIERS ARE RESORBED

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ABSTRACT
Soft tissue adhesions due to traumatic injury, chronic inflammation or surgery are very common and have adverse clinical effects on nerve function and limb range of motion. These adverse effects can lead to ongoing pain, dysfunction and ultimately additional surgeries.

The basic healing process involves three primary phases: inflammation, proliferation and remodeling. The cell proliferation phase occurs when new cells are produced to close the wound. However, during this process, these cells contract as they mature, causing adhesions. The prevention of soft tissue adhesions through the use of surgical barriers is often used by surgeons. These barriers are ineffective if they degrade prior to cell proliferation. AlloWrap® (AlloSource®, Centennial, CO) has been shown to persist through this phase.

Introduction
A major complication after injury, chronic inflammation or surgery is adhesions formed from scar tissue between or around different soft tissues such as tendons and nerves. Adhesions can lead to loss of excursion in tendons and/or peripheral nerve compression including potential loss of nerve function. Surgical intervention to remove scar tissue in these areas involves additional trauma to these tissues and often results in recurrent scarring and undesired consequences.

The Healing Process
The healing process following soft tissue injury or surgery is an intricate biologic cascade of different phases (Figure 1).

Inflammation Phase
Inflammation is a normal and necessary prerequisite to healing. Changes in vascular flow are responsible for the clinical symptoms we use to detect an inflammatory response. The majority of the specialized cells involved in this phase of the wound healing process come from the circulating blood. With the initiation of inflammation, hundreds of enzymatic factors interact with the local tissues, ceasing bleeding, enhancing local immune factors and providing necessary nutrients. Under normal conditions, these events happen within the first three to four days after injury.¹

Proliferation/Fibroplastic Phase
With the inflammatory phase completed, rebuilding begins. This phase is named for the primary cell of scar production—the fibroblast. Although many different cells are involved in the inflammatory phase, fewer types of cells operate in the fibroblastic phase, with their work lasting approximately three weeks. The purpose of these cells is to provide a matrix and impart strength to the wound.¹
Remodeling Phase
Successful wound healing requires more than closing the wound with sufficient tensile strength. The ultimate goal is the return of function. Remodeling requires the fibroblast matrix or scar to mature to replace the lost tissue. As an example, repaired ligaments must have firm, intransigent scar formed with a parallel weave in order to resist deforming joint forces during stretching activities. In these tissues, where tensile strength is important, scar is an excellent repair tissue. However, surrounding a tendon or a nerve, scar contracts and inhibits function. The process of scar remodeling is responsible for the final aggregation, orientation and arrangement of collagen fibers. This process continues until the remodeling phase ends at six months to a year post injury.\(^1\)

\textbf{Figure 1.}

\textbf{Surgical Barriers}
Surgical barriers can prevent adhesions, but have shown limited results. The chart below describes the absorption rates of raw amniotic membrane, cryopreserved amniotic membrane, oxidized regenerated cellulose (Interceed, Ethicon, San Angelo, TX\(^7\)), chemically modified sodium hyaluronate/carboxymethylcellulose (Seprafilm, Genzyme, Cambridge, MA\(^7\)) and AlloWrap DS amniotic membrane (AlloSource, Centennial, CO\(^9\)) (\textit{Figure 2}).

The ideal surgical barrier should be one that remains at the site of repair long enough to allow mature healing\(^6\). During the cell proliferation phase of the healing cycle, new cell formation effectively closes the wound, but also builds scar tissue to be remodeled later.

\textbf{Figure 2.}
Discussion
The human body undergoes a complex process of inflammation, cell proliferation and remodeling that can last well over a year in many cases. During this process, scarring and fibrosis occurs as a result of the natural healing process. However, adhesions often occur due to scarring and fibrosis, resulting in decreased function, reduced quality of life, and/or reoperation of the affected tissues (figure 3).

Figure 3.

Surgical barriers can be effective in relieving the issue of adhesions, but many barriers on the market dissolve in the body after only a few days and do not remain in the body during the cell proliferation phase. This may result in adhesions occurring despite surgical barrier implementation.

AlloWrap is the only surgical barrier that has been shown to remain in the body through the proliferation phase of the healing process and into the remodeling phase.
References
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